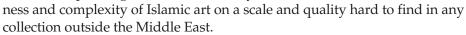




# Islamic art and tea at the Mandarin Oriental

Join us **Thursday, Jan. 27,** on a trip to the National Gallery of Art for a docent-led tour of "Palace and Mosque: Islamic Art from the Victoria and Albert Museum" and tea at Washington's newest luxury hotel.

The Victoria and Albert (V&A) Museum in London has one of the most renowned Islamic art collections in the world. More than 100 works from that museum are on exhibit at the National Gallery of Art. Calligraphy, woodwork, ceramics, ivories, metalwork, paintings and textiles convey the rich-



Following our tour, we will drive over to the new Mandarin Oriental Hotel for tea in their elegant Café MoZU. We'll dine on succulent tea sandwiches, freshly baked scones and delicious French pastries while taking in unparalleled views of the Washington Channel, Tidal Basin and the Jefferson Memorial.

We will leave the Village Center at 1 p.m. and return around 5 p.m. The cost is \$56, which includes transportation, tea, and all gratuities. Residents and one guest may sign up immediately; nonresidents may sign up Jan. 7. There are 19 spaces available.

# **Lunch and laughter: Mark Russell and Bistro D'OC**

Here's a way for Republicans and Democrats to come together during Inauguration week. Spend the afternoon of **Saturday**, **Jan. 22**, with a pair of Washington's institutions, Mark Russell at Ford's Theatre!

Our afternoon will begin with lunch at the charming Bistro D'Oc, just across the street from Ford's. With its pressed-tin ceiling and lace curtains, you'll think you're in a Paris bistro or the Gallic countryside. Named for the Languedoc region of France, this brand-new restaurant was named "one to watch" before it even opened. The menu will include (please choose when you sign up): soup de jour, house salad or house pate for a first course; Norwegian salmon with fine herbs, prime cut of pork, or chicken fricasse for an entree; peach clafoutis (bread pudding) or a chocolate dessert for a grande finale. All Continued on page 2



# Uncover the world of espionage

Delve into the deep, dark secrets of spies as we visit the International Spy Museum on Tuesday, Feb. 15. One of Washington's most popular museums, the International Spy Museum offers a melange of history, mystery and deception. During your selfguided tour, you can adopt a cover identity, discover the tools of a spy's trade, hear the stories of famous people who lead double lives, and learn about intelligence gathering techniques in the 20th and into the 21st centuries.

First, we'll dine at Zaytinya, where we'll enjoy a selection of appetizers, choice of chicken or falafel sandwich, and dessert and beverage. We'll leave the Village Center at 10:45 a.m and return by 4:15 p.m.

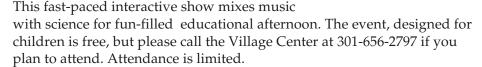
The cost of the trip, which includes admission to the Museum, lunch, transportation, and all gratuities, is \$60. Sign ups for residents and one guest begin immediately at the Village Center. Nonresidents may sign up beginning Jan. 7. There are 29 spaces available.

# **CHILDREN'S PROGRAMS**



### A singing frog and lots of fun

Join us when we welcome Flumpa, a wide-eved tree frog and his friend Wendy Witten, the singing scientist, to the Village Center on Saturday, Jan. 15, for one amazing show at 12:45 p.m.



#### In search of...

A volunteer who loves chess to guide young (8- to 12-year old) players in a weekly chess club. Club will meet Mondays at 4:30 p.m. Call Jennie Fogarty at 301-656-2797.

#### **VILLAGE CLASSIFIEDS**

#### **For Rent**

Two Bedroom/ Two Bath apartment in the Willoughby, 2 car parking, high floor, available immediately, call owner 301-717-3636.

#### Mark Russell, Continued from page 1

lunches include a glass of wine. The soup and dessert are "chef's choice," and with a chef like Bernard Grenier, formerly of La Miche, you know they will be delicious.

We will leave the Village Center at 12:15 p.m. and return by 5 p.m. The cost of the trip, which includes lunch, a seat in the Orchestra or Dress Circle, transportation, and all gratuities, is \$89. Residents and one guest may sign up immediately; non-residents may sign up Jan. 7. There are 24 spaces available. Please note: the bus does not have space to store a wheelchair.



# Friendship Heights

#### www.erols.com/friendshiphtsvillage

The Village News is a publication of the Village Council, the elected governing body of the Special Tax District of the Village of Friendship Heights, 4433 South Park Avenue, Chevy Chase, MD 20815, 301-656-2797. The newsletter is produced through the cooperative efforts of volunteers, Council members, and Village staff.

#### **ADVERTISING**

The deadline for reserving space for the February issue is January 5. For suggestions about news items or information on advertising rates, call 301-656-2797. Acceptance of advertising does not represent endorsement by the Village of Friendship Heights for any product or service, nor is the Village of Friendship Heights responsible for representations made by advertisers.

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Anne Hughes O'Neil Staff Writer, Advertising Susan C. Zarriello Page Design/Layout

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# ON the GO...

# A trip to the brand new Strathmore Music Hall

Be among the first to attend a concert at the beautiful new Strathmore Music Hall when we attend a Baltimore Symphony Orchestra concert on **Thursday, March 3**.

The Washington area's most exciting new performance arts center opens next month. You will have a chance to look around the stunning new facility and browse the gift shop before going into the hall to enjoy an evening of classical music.

The program includes Smetana's, "Overture from The Bartered Bride," Gershwin's, "Concerto in F," Copland's, "Appalachian Spring," and Tchaikovsky's, "Capriccio Italien."

We will depart the Village Center at 7:15 p.m. and return by 10:30 p.m.

The cost for the trip is \$69, which includes a ticket in the Orchestra tier, transportation and driver gratuity. Residents may sign up immediately; nonresidents may sign up January 14. **The deadline to sign up is Jan. 20.** There are 29 tickets available.

#### **Old Town Excursion**

A few spaces still remain for a trip to Old Town Alexandria, with lunch at Gadsby's Tavern, on **Thursday, Jan. 13.** Our day begins with a driving tour of historic Old Town. We'll also enjoy guided tours of Carlyle House, an elegant 18<sup>th</sup> century Georgian Palladian mansion, and of Gadsby's Tavern Museum, the city's center of political

continued on back page

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### Announcing a brand new Sprint store in your neighborhood!

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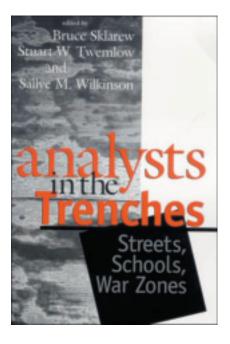
### Responding to crises

"Community psychoanalysts" work with soldier children in Africa, the homeless in our cities, refugees in the Republic of Georgia, and the survivors of Sept. 11. *Analysts in the Trenches: Streets, Schools, War Zones* illustrates interventions of community psychoanalysts in violent and disturbed communities. The book was edited by Friendship Heights resident Dr. Bruce Sklarew. A contributor, William Granatir, resides in the Somerset House. Both men will discuss the book at the Village Center on **Monday, Jan. 31, at 7:30 p.m.** 

Dr. Sklarew, a psychoanalyst in private practice and Principal Investigator of the School-Based Mourning

Project at the Wendt Center for Loss and Healing, will talk about his years of helping District inner-city children deal with loss, trauma, and violence. After retiring from the Washington psychoanalytic Institute, Dr. Granatir began volunteering at the age of 76 to promote school-based mental health in Washington.

Please sign up in advance, as seating will be limited. Call the Village Center at 301-656-2797 to register. Copies of the book will be available for sale.



# Memories of a Foreign Service Officer

Chevy Chase writer, Malcolm Lawrence, will discuss his witty memoir, *Some*thing Will Come Along, at the Village Center on

#### Monday, Feb. 7, at 1 p.m.

Mr. Lawrence is a self-made man who has been a professional drummer, combat airman, freelance writer and editor, civic activist, and radio commentator. And those are just some his trades. His book tells of his childhood in Washington and his adulthood as a Foreign Service Officer and the father of nine.

Register for this talk by calling 301-656-2797. Copies of the book will be available at a 20% discount.

# NANCY MELLON REALTY

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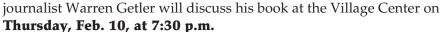


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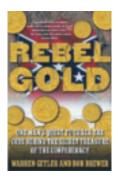
# A real life search for hidden treasure

The number one movie this past holiday season was "National Treasure," an action film about a hidden treasure and the hero who deciphers clues to unlock the mystery. *Rebel Gold: One Man's Quest to Crack the Code Behind the Secret Treasure of the Confederacy* is the true story of a hidden treasure and a sinister group intent on funding a second War Between the States. Washington journalist Warren Getler will discuss his book at the Ville



Mr. Getler spent six years researching Masonic cabals and arcane codes to tell the true story of a Confederate secret society, the Knights of the Golden Circle, that hid gold caches in remote outposts in the South and Southwest. Co-author Bob Brewer is a descendant of one of the Confederate sentinels sworn to protect this treasure (the title of the book in hardcover was *Shadow of the Sentinel*). He and Mr. Getler reveal a little-known and shadowy chapter in American history — and how its legacy may be continuing to this day. They pursued the mystery with help from the National Archives, where they discovered a Masonic-Confederate code in the inside cover of a pocket-size Bible seized from a Knights of the Golden Circle leader arrested by Union forces near the end of the war. It sounds just like an action movie!

Please sign up in advance, as seating will be limited. Call the Village Center at 301-656-2797 to register. Copies of the book, provided by Politics and Prose Bookstore, will be available for sale.



# Upstairs and down at the White House

Henry Haller was the executive chef at the White House for Presidents Johnson, Nixon, Ford, Carter, and Reagan. He directed elaborate state dinners and luncheons, three White House weddings as well as meals for the first family in the private quarters. He will share his experiences of serving five Presidents at the Village Center on

#### Monday, Jan. 24, at 7:30 p.m.

Following the talk, there will be a drawing for an autographed copy of Mr. Haller's book, *The White House Family Cookbook*.. It contains more than 250 First Family recipes and scaled-down recipes for state events. The book is filled with anecdotes and tidbits of presidential lore. There is no fee for the event but please sign up in advance, as seating will be limited. Call the Center at 301-656-2797 to register.



# PLAYING on the BIG SCREEN

Enjoy fresh popcorn during these free video presentations

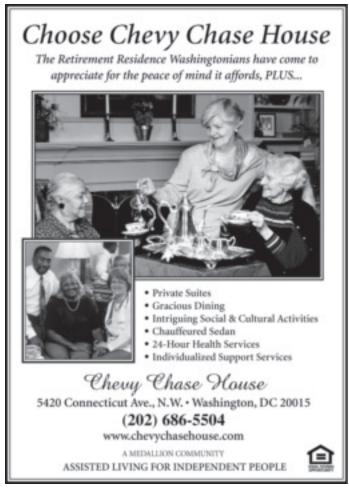
**Thursday, Jan. 6, 7:15 p.m. —The Bourne Supremacy.** Matt Damon plays Jason Bourne, a former CIA assassin hiding from the agency and haunted by troubling memories of his days as a killer. When Bourne is led out of hiding by circumstances beyond his control, he must reconcile his past and present as he struggles to keep the woman he loves out of harm's way. Also stars Franka Potente, Julia Stiles and Brian Cox. Rated PG-13. Running Time: 109 minutes.

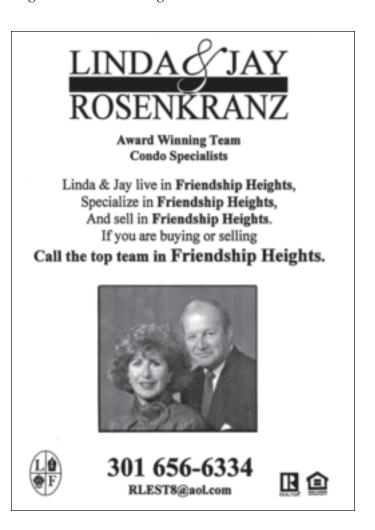
**Thursday, Jan. 13, 7:30 p.m. — Garden State.** In this bittersweet romantic comedy, Zach Braff plays Andrew Largeman, a young man who has just received word of his mother's death. With this news, he returns to the town in which he grew up. In addition to mourning the loss of his mother, Andrew is trying to adjust to life without antidepressants. Gradually, with the absence of pills, his reconnection with his past, and the introduction of Sam, a woman who would seem to

have little in common with him, Andrew is able to see the potential for some positive changes. Also stars Natalie Portman, Jean Smart and Peter Sarsgaard. Rated R. Running Time: 112 minutes.

Thursday, Jan. 20, 7:30 p.m., — Café Muse, see page 14 for details.

**Thursday, Jan. 27, 7:15 p.m.** — **The Manchurian Candidate.** In this remake, Denzel Washington stars as Major Bennett Marco and Liev Schreiber as Sergeant Raymond Shaw, soldiers who served in Operation Desert Storm, but whose paths following their tours of duty have been very different. Shaw, the son of a congresswoman, has used his reputation as a war hero to scale the ladder of politics. Marco has been troubled with mental illness and is convinced that something happened to him during the war. Also stars Meryl Streep and Jon Voight. Rated R. Running Time: 129 minutes.





# FRIENDSHIP GALLERY

# Roving Artists to exhibit at Friendship Gallery

Roving Artists is a non-profit arts organization consisting of 30 Washington D.C. Metropolitan area artists creating art in several media and in a variety of styles. They will exhibit at the Friendship Gallery during the month of January.

The artists are former active members of the Wilson Center Gallery, a cooperative arts group that exhibited in Washington. Recent exhibitions include the National Press Club Invitational and "Interiors" at the National Women's Democratic Club and the Georgetown University Hospital.

The show runs from January 3 to 30. All are invited to meet the artists at a reception on **Sunday**,

**Jan. 9, from 11:30 a.m. to 1:30 p.m.** Exhibit hours are Monday through Thursday, 9 a.m. to 9 p.m., Friday, 9 a.m. to 5 p.m. and Satur-

day and Sunday, 9 a.m. to 2 p.m. Art work in the auditorium is occasionally not available for viewing because of certain activities in that room. Please check with the front desk receptionist when you arrive.

9 a.m. to 5 p.m. and Satur-





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# Friendship Heights Village Center



# Calendar of Events 2005

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Strength Training 2:30 p.m.: Drawing and Painting	8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates	9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training 1 p.m.: Conversational Spanish 7:30 p.m.: Concert: Les Amis de Mozart	8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 6:30 p.m.: Scrabble 7:15 p.m.: Movie: The Bourne Identity	7 10:30 a.m.: Coffee and Current Events	1 8:15 a.m.: Walking Clul New Year's Open Hot 2 to 4 p.m.  8 8:15 a.m.: Walking Clu 12-1:30 p.m.: Lando Symphonette
:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers 1:30 a.m. – 1:30 p.m.: Art Reception	9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Strength Training 2:30 p.m.: Drawing and Painting 8 p.m.: FRIENDSHIP HEIGHTS COUNCIL MEETING	8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates	9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training 1 p.m.: Spanish 1 p.m.: Health Insurance 1 p.m.: Suburban Lecture: Diseases of the Aging Eye 1 p.m.: Portraiture 7:30 p.m.: Concert: Deborah Benner	8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 8:45 a.m.: Depart for Alexandria 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 6:30 p.m.: Scrabble 7:15 p.m.: Movie: Garden State	10:30 a.m.: Coffee and Current Events	15 8:15 a.m.: Walking Clul 12:45 p.m.: "Flumpa"
30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	Martin Luther King's Birthday Center Open 9 a.m. – 2 p.m. 9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Strength Training	8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates	9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training 1 p.m.: Conversational Spanish 1 p.m.: Portraiture 1:30 p.m.: Vision Transitions 7:30 p.m.: Concert: Emery Davis	8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 6:30 p.m.: Scrabble 7:30 p.m.: Café Muse	21 10:30 a.m.: Coffee and Current Events	8:15 a.m.: Walking Clui 12:15 p.m.: Depart for Ford's Theatre
:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers a.m.: Yoga	9:15 a.m.: Fit-4-Ever 10: a.m 2 p.m.: MVA Mobile Office 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Strength Training 2:30 p.m.: Drawing and Painting 7:30 p.m.: Yoga 7:30 p.m.: Henry Haller, White House Chef	8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates	9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training 1 p.m.: Conversational Spanish 1 p.m.: Portraiture 1 p.m.: Health Insurance Counseling 7:30 p.m.: Concert: IONA	8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 1 p.m.: Depart for National Gallery of Art 6:30 p.m.: Scrabble 7:15 p.m.: Movie: The Manchurian Candidate	10:30 a.m.: Coffee and Current Events 12:15 p.m.: Sunrise Special Lunch 1 p.m.: Special Concert: Louise Kupelian	8:15 a.m.: Walking Clul 9 a.m.: Floor cloth workshop

#### **Shuttle bus hours**

Coffee and Sunday

Papers 9 a.m.: Yoga



Monday through Friday Saturday and Sunday

6:40 a.m. to 9:40 p.m. 8 a.m. to 7 p.m.

#### **Village Center Hours**

10 a.m.: Great Books

11:30 a.m.: Strength

Training 2:30 p.m.: Drawing and

Painting

7:30 p.m.: Yoga

7:30 p.m.: Book Signing

with Bruce Sklarew

and Bill Granatir

Monday through Thursday Friday Saturday and Sunday 9 a.m. to 9 p.m. 9 a.m. to 5 p.m.

9 a.m. to 2 p.m.

The Friendship Heights Village Center is open to everyone. People who live or work in the Village are especially welcome.

#### **Join Great Conversations**

The Village Center's Great Books group begins a brand-new series entitled "Great Conversations" in mid-January. Each week the group reads an excerpt from this series or other related works. A designated facilitator leads the group in lively discussions. The discussions are on Mondays at 10 a.m. For more information, call Jean McNelis at 301-656-6695.

### THIS MONTH'S SPECIAL LUNCH AND PROGRAM

January's special lunch, prepared by Sherise Campbell of Brighton Gardens, will be held on **Friday**, **Jan. 28**, **at 12:15 p.m.** The menu will be Rosemary Chicken, mashed potatoes, green beans, salad, and lemon pound cake for dessert. The cost is \$7, which must be paid when you make your reservation. Please reserve your seat by Wednesday, Jan. 26.

After lunch, please stay to enjoy a piano concert of favorite jazz standards performed by Louise Kupelian at **1 p.m.** Ms. Kupelian has been a performing artist member of the Friday morning Music Club and the Arts Club of Washington for many years.



### PRE-REGISTRATION IS REQUIRED FOR ALL CLASSES. PARTICIPANTS MUST PAY FOR THE FULL SERIES. NO REFUNDS AFTER CLASS BEGINS.

#### **NEW CLASSES**

# **BEGINNING AND CONTINUING YOGA (Daytime)**

This 7-week class in Hatha Yoga is taught by Robin Dinerman and begins Jan. 23. Meets Sundays from 9 to 10:20 a.m. The session includes semi-strenuous postures, stretches, and coordinated breathing, as well as a quiet period for relaxation and meditation. Wear loose clothing, bring a blanket or large towel and mat (can be purchased at class). Don't eat for 2 hours before class. The cost is \$70 for residents and \$85 for non-residents. Session ends March 20. There will be no class Feb. 13 or March 13. (Students who must miss a class may make it up in the Monday class with the instructor's permission).

## BEGINNING AND CONTINUING YOGA (Evening)

This 7-week class in Hatha Yoga is taught by Robin Dinerman and begins Jan. 24. Meets Mondays from 7:30 to 8:50 p.m. The session includes semi-strenuous postures, stretches, and coordinated breathing, as well as a quiet period for relax-

ation and meditation. Wear loose clothing, bring a blanket or large towel and mat (can be purchased at class). Don't eat for 2 hours before class. The cost is \$70 for residents and \$85 for non-residents. Session ends March 14. There will be no class Feb. 21 (Students who must miss a class may make it up in the Sunday class).

#### **CONVERSATIONAL SPANISH 1**

A 12-week course for beginners begins January 5. Students will learn basic expressions and grammar. Emphasis will be on conversation, listening comprehension, reading and grammar. Instructor Elena Marra-Lopez has taught teenagers and adults at Sidwell Friends School, Washington International School, Montgomery College and the USDA Graduate School. Supplies will be an extra charge. The class meets Wednesdays from 1 to 3 p.m. The cost is \$200 for residents, \$210 for nonresidents and \$120 for anyone 65 or older.

#### **MAT PILATES**

A 6-week session begins Jan. 4. Meets Tuesdays from 7 to 8 p.m. The

cost is \$65 for residents and \$75 for nonresidents. Pilates is not recommended for pregnant women or those who have compromised spinal injuries. Instructor Ginger Russell has been certified in Pilates Matwork Exercises by the *PhysicalMind Institute*, using one of several highly acclaimed training formats inspired by the teachings of Joseph Pilates. Please bring a Pilates/Yoga mat and bath towel. Last class will be Feb. 8.

## PORTRAITURE IN PENCIL AND PASTEL

This 6-week class is taught by Marianne Winter and begins Jan. 12. Meets Wednesdays from 1 to 3 p.m. Students will concentrate on achieving likeness using photos or reproductions of artwork. Ms. Winter is an award-winning artist and photographer. Please bring a pad and pencil or pastel to the first class. The cost is \$60. (Maximum number of students is 10).

#### STILL LIFE PAINTING-

A 12-week course with noted artist Joan Samworth emphasizing the elements of art: line, color, texture, shape and value. Class is designed to





meet the needs of all levels of experience. Advance at your own pace with individual critiques and instruction. Suggested media are pastels, watercolor, acrylics, color pencil. Supply list will be handed out first day of class. Begins Jan. 6. Meets Thursdays from 11 a.m. to 2:30 p.m. (Bring a bag lunch). The cost is \$165 for residents; \$170 for nonresidents.

# STRENGTH TRAINING WITH NRH REGIONAL REHAB (Mon-

**day)** A certified athletic trainer from NRH Regional Rehab in the Chevy Chase building leads a strength and conditioning class for seniors. This 10-week session begins Jan. 3. Meets

Mondays at 11:30 a.m. Cost is \$50. Please register by phone at 301-986-4745. Session ends March 7.

### STRENGTH TRAINING WITH NRH REGIONAL REHAB

**(Wednesday)** A certified athletic trainer from NRH Regional Rehab in the Chevy Chase building leads a strength and conditioning class for seniors. A 10-week session begins Jan. 5. Meets Wednesdays at 11 a.m. Cost is \$50. Please register by phone at 301-986-4745. Session ends March 9.

#### TAI CHI (Thursday)

This 6-week session begins January 27. Meets Thursdays from 9:30 to 10:30 a.m. The cost is \$30. Session ends March 3. New form- perfect for beginners!

#### TAI CHI (Tuesday)

This 6-week session begins January 25. Meets Tuesdays from 9:30 to 10:30 a.m. The cost is \$30. Session ends March 1. New form- perfect for beginners!

### Make a floorcloth in a day

Learn to make a 2' by 3' painted floorcloth in one day. Painter, illustrator and graphic designer Barbara Quinn will offer a floorcloth workshop on **Saturday, Jan. 29**, from 9 a.m. to 4 p.m. at the Village Center. With a piece of canvas and some water-based paints you will create a lovely 2' by 3' covering for your home. A bit of history about floorcloths will be covered and techniques will be discussed. Then you will get right to it. Instructions will be given for finishing and protecting your floorcloth. No experience is needed. All materials will be provided. Just bring your ideas, a bag lunch and appropriate clothing for painting. The cost is \$90. The deadline to sign up is Thursday, Jan. 13. There is a minimum of four students required.

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### **CONCERTS**

Concerts are performed Wednesdays, from 7:30 to 8:30 p.m., in Huntley Hall. Before entering the auditorium, please turn off any cell phones or electronic devices. If you arrive after the concert has begun, please wait for a break in the performance before entering.

Wednesday, Jan. 5 — Les Amis de **Mozart.** Our 2005 concert series begins with a piano and violin duet by Les Amis de Mozart. Join musical director Sheila Grimes as she presents an evening of music from Beethoven, Rachmaninoff, Mozart, and Debussy.

Wednesday, Jan. 12 — Deborah **Benner.** Deborah Benner is a versatile and exhilarating vocal art know to musical-theatre audiences in Washington, D.C. and New York. An accomplished jazz and cabaret singer, Deborah has appeared at such venues as New York's Rainbow Room, the Waldorf-Astoria, and the Carlisle Hotel, frequently serving as

lead vocalist for the Peter Duchin and the Alex Donner orchestras. Locally, she has performed at the John F. Kennedy Center for the Performing Arts, Wolf Trap, The Four Seasons, Blues Alley, the Corcoran Gallery of Art, the Library of Congress, and The Mayflower Hotel. She has shared the stage with band members such as Keeter Betts, Charlie Byrd, McCoy Tyner, Marvin Hamlisch and the Marine Corps Band from the White House.

Wednesday, Jan. 19 — Emery **Davis.** Band leader Emery Davis shares stories and songs from more than 50 years of entertaining. His show

features jazz and popular tunes form the 40s and 50s. This dynamic clarinetist and vocalist carries on the tradition begun by his father, Meyer Davis. Don't miss this night of nostalgia.

Wednesday, Jan. 26 — IONA. Barbara Ryan and IONA bring Irish and Celtic music and dance to the Village Center this winter. IONA's music is a unique acoustic weave of the traditional music of Scotland. Wales, Cornwall, Britany and the Isle of Man. Blending songs and dance tunes into a rich and stunning tapestry, the group's style is outstanding in an arena where these traditions are rarely intertwined.

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# TO YOUR HEALTH

### **Diseases of the Aging Eye**

Dr. David Parver will discuss causes and treatment options for some of the eye problems experienced by older adults at this month's Suburban Health lecture on **Wednesday, Jan. 12, at 1 p.m**.

Dr. Parver will review symptoms, various techniques for improving vision, and new medications and vitamin preparations. He will describe some surgical procedures for macular degeneration, cataracts and glaucoma.

There is no cost for the talk, but please call 301-656-2797 to let us know if you plan to attend.

### **January's Vision Transitions**

The title of this month's Vision Transitions discussion, on **Wednesday**, **Jan. 19**, **at 1:30 p.m.**, is "A Personal Journey" and it will be a time of sharing. Leading the discussion will be Gloria Sussman, low vision advocate for the Prevention of Blindness Society, and Janet Morrison, Director of Macular Degeneration Network at Sibley Hospital. To register, call the Center at 301-656-2797. For more information about Vision Transitions, call 202-234-1010 or visit **www.youreyes.org**. Refreshments will be served.

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### Cafe Muse presents...

This month's Café Muse, on **Thursday**, **Jan. 20**, **at 7:30 p.m.**, presents novelist Benita Kane Jaro and poet Rod Jellema.

Benita Kane Jaro is the author of a trilogy, *The Key*, *The Lock*, and *The Door in the Wall*, novels about ancient Rome focusing on Catullus, Cicero, and Julius Caesar. She is currently at work on a novel about the Roman poet Ovid.

Rod Jellema is a poet and translator, author of *Something Tugging the Line, The Lost Faces,* and *The Eighth Day,* as well as two books of translations of Frisian poetry. His latest book of poetry is *A Slender Grace.* He is Professor Emeritus at the University of Maryland where he was the founding director of the Creative Writing Program.

Classical guitar selections performed by Michael Davis are presented each month at 7 p.m. Attending poets are invited to participate in an open reading that concludes the Café Muse program. A sign-up sheet will be available at 7 p.m.

Café Muse is presented by The Village of Friendship Heights and The Word Works, a nonprofit literary organization that has published contemporary and sponsored public programs for over 25 years. The evening is free, but please call the Village Center at 301-656-2797 to let us know you are coming.

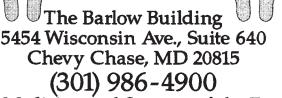
# Landon Symphonette presents January concert

Spend a winter afternoon with the Landon Symphonette when the group presents a special performance on **Saturday**, **Jan. 8**, **at noon**.

Conducted by Richard Weilenmann, the chamber ensemble will present works by Mozart and Boccherini. Joseph kromholz will perform Mozart's *Violin Concerto No. 5, KV 219*; John Kaboff will perform Boccherini's *Concerto for Cello in B-Flat*; and John Kaboff and Jonathan Velsey perform *Concerto for two cellos in G-Minor.* The event is free, but please call the Village Center at 301-656-2797 if you plan to attend.

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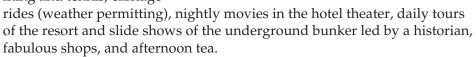
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# Treat yourself to luxury

We are still taking reservations for our trip to the glorious Greenbrier in White Sulphur Springs, West Virginia on **Friday**, **Feb. 25 and Saturday**, **Feb. 26**.

This five-star resort boasts elegant dining, a spa and fitness center, indoor swimming and tennis, carriage



We will depart the Village Center Friday at 8 a.m. and return late Sunday afternoon. The cost of the trip, which includes two nights at the Greenbrier, two breakfasts and two dinners, two afternoon teas, the use of the fitness center, swimming pool and tennis courts, movies and slide show if desired, transportation and all gratuities is \$720; (the single supplement is \$75). Lunch on Saturday (in the hotel café) and while traveling Friday and Sunday are "on your own." A \$200 deposit is required at sign-up and is nonrefundable unless the trip is canceled by the Center. Be sure to ask us about trip insurance.



### Old Town Alexandria,

continued from page 3

and social life in the 18th century. Gadsby's Tavern was the site of the final birthday party for George Washington in 1799. Lunch, at the tavern, includes choice of a puff pastry with Smithfield ham, smoked turkey and cheese; chicken salad; or beer-battered cod. Dessert and coffee (or tea), are also included. Following our tours, we'll have the chance to visit some shops along King Street and the Torpedo Factory Art Center. The cost of the trip is \$57, which includes driving tour, admission to Carlyle House and Gadsby's Tavern Museum, lunch and all taxes and gratuities. We'll depart from the Village Center at 8:45 a.m. and should return by 4:30 p.m. Sign up immediately at the Village Center.



Friendship Heights Village Center 4433 South Park Avenue Chevy Chase, Maryland 20815

#### **Check out our website:**

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January 2005 events calendar